



Plymouth Location:
409 Plymouth Rd, Ste. 250
Plymouth, MI 48170
Phone: 734-416-9098
Fax: 734-416-0158

Brighton Location:
2040 Grand River ~~Anx~~, Ste. 300
Brighton, MI 48114
Phone: 810-224-1676
Fax: 734-416-0158

office@mccaskillfamilyservices.com • www.mccaskillfamilyservices.com

Post-Doctoral Fellowship in Clinical Psychology 2027-2029

About McCaskill Family Services

McCaskill Family Services is a medium-sized group practice with locations in both Plymouth and Brighton, Michigan, that provides outpatient mental health services to children, adolescents, and families of diverse cultural backgrounds. The populations served include children and teens struggling with anxiety, depression, ADHD, learning disorders, ASD, OCD, tic disorders, and other behavioral disorders, among other potential presenting concerns. Postdoctoral fellows apply for placement in one of our two training tracks, either our Child/Adolescent Track, or our Equine-Assisted Therapy Track. Both tracks include training opportunities in individual therapy, psychoeducational assessments, couples and family therapy, and group therapy.. Our Equine-Assisted Therapy Track also includes supervision and training in providing Equine-Assisted Psychotherapy at a barn we partner with, located in Howell, Michigan (a short drive from our Brighton office). Our overall post-doctoral fellowship training takes a developmental approach, meeting fellows where they are at and helping them develop in all competency areas throughout the fellowship. Training focus areas will change over time. For example, there is more focus on training in assessment administration early in the fellowship, so the fellow is able to begin administering measures and evaluating testing cases as soon as possible, and progresses to focusing on improving efficiency in report writing and conceptualization, and other necessary assessment skills, as the fellowship progresses. Similarly, training early in the fellowship focuses on competency in CBT, DBT, ACT, couples/family therapy, and parent management training skills with children and teens, and will eventually expand to more specialized areas, depending on areas of interest (potentially including eating disorder treatment, treatment for tics/tourette's, trauma treatment, etc.).

Post-Doctoral Fellowship Program Overview

Training Program Goals and Objectives

The goal of this post-doctoral fellowship is to train entry-level psychologists to provide evidence-based therapy interventions and assessments to children and adolescents. Training is provided in one of our two outpatient office locations, and the barn for those on the Equine Assisted Therapy track. Prior to completion of our full-time, two-year post-doctoral fellowship, fellows complete all required supervised hour requirements for attaining full licensure in the state of Michigan (a 2000 hour requirement).

Expected Competencies

Competencies include assessment and diagnosis (including formal comprehensive psycho-educational evaluations), individual and group therapy, parent behavioral management training, consultation, interdisciplinary collaboration, multicultural competencies, integration of science into clinical practice, professionalism, ethical and legal standards, and communication and interpersonal skills.

Training in these competency areas are provided through direct clinical service hours, supervision from multiple experienced fully-licensed psychologists, participation in staff meetings and case consultation meetings, consultation with outside professionals, and participation in and providing internal trainings to other staff members.

Service Activities

Training in these competency areas are provided through direct clinical service hours (about 20 per week, once a full caseload is reached), supervision from multiple experienced fully-licensed psychologists (at least 2 hours of individual supervision per week), participation in staff meetings and case consultation meetings (one each per month), consultation with outside professionals, and participation in and providing internal trainings to other staff members (quarterly).

Most of the fellows' time is expected to be spent in direct service hours, about 20 hours weekly. This includes provision of individual therapy, parent coaching, couples/family therapy, group therapy (if desired), and psychological testing.

Fellows are expected to complete 1-2 comprehensive psycho-educational evaluations per month, focusing on assessing for ADHD, learning disabilities, Autism Spectrum Disorder, and includes the differential diagnosis of other conditions, including but not limited to anxiety and mood disorders.

Training Curriculum

The fellowship is based upon a 40 hour work week, and includes the following activities, in addition to direct service hours (20 hours per week):

- **Supervision Received:** Fellows receive 2 hours of individual supervision weekly, one hour focused on the supervision of therapy cases, and another hour focused on testing/assessment. We offer several group supervision/consultation opportunities, including in testing/assessment, equine therapy (required attendance for fellows on the equine therapy track), and couples/family therapy (required for all fellows). Additional group supervision may be offered, according to areas of interest.
- **Case Consultation:** Fellows are required to attend monthly staff meetings, which are partially focused on administrative topics, but partially focused on case consultation, and

monthly clinical meetings, which are solely focused on case consultation and clinical training topics.

Weekly Activities Breakdown (hours per week)

Direct Client Contact	20 hours/ week
Individual Therapy Supervision	1 hour/week
Individual Testing Supervision	1 hour/ week
Group Equine Therapy Supervision (Equine Track)	1 hour/week
Group Supervision in Couples/Family Therapy	1 hour/week
Case Consultation (Staff Meetings and Clinical Meetings)	2 hours / month
Clinical Documentation/Individual Learning Time	16 hours/ week

Post-Doctoral Fellowship Training Director

Director of Training, Dr. Amanda Klingensmith, is an outstanding Clinical Psychologist, who is passionate about training. She has a primary role across multiple levels of training throughout the practice, from overseeing graduate student practicum experiences, supervising master's level clinicians and post-doctoral fellows, and organizing quarterly advanced trainings for all clinicians in the practice. She earned her doctorate at Kent State University (an APA accredited program), completed her doctoral internship at Indiana University School of Medicine (also an APA accredited program), and completed two years of post-doctoral training here at McCaskill Family Services. Dr. Amanda has served a leadership role in the practice for many years, with particular dedication to training psychologists and future psychologists in child and adolescent psychology. Dr. Amanda is an author on 10 peer-reviewed articles across multiple publications, 3 of which she is the first author.

Additional information about Dr. Klingensmith, our supervisors Dr. McCaskill, Dr. Peatee and Dr. Wozniak, in addition to our other clinicians and their areas of specialization, can be found here:

<https://mccaskillfamilyservices.com/meet-our-team/>

Evaluation of Fellowship Competencies

Our leadership team evaluates each post-doctoral fellow based on APA-recommended competency benchmarks twice per year, once mid-year (around February) and once at the end of the academic year (August). The fellow is also asked to complete a self-evaluation at the beginning of the year, in order to guide training goals. It is expected that by the end of the fellowship, each fellow has reached “readiness for entry to practice” benchmarks across all areas of competency in professional practice. If at any point during the training period, it seems that the fellow is falling behind in expected benchmarks in any competency area, the supervisor will meet with the Training Director to discuss a remediation plan, and a supervisor or training director will meet with the fellow to discuss and implement the plan.

Training Sites

Training for both tracks will occur primarily at both of our outpatient therapy offices, one located in Plymouth, MI and the other located in Brighton, MI. For those on the Equine Therapy track, training may also occur at the barn in Howell, MI (located near our Brighton office). All supervision and services offered by fellows will likely occur in both office locations. Our supervisors and Director of Training are involved at all locations.

Application Requirements

All applicants must have **completed** an APA or CPA accredited doctoral training program by the start of the fellowship, meaning the degree must have been conferred prior to the fellowship start date. All applicants must also have completed an APA or CPA accredited doctoral internship prior to the start of the fellowship program.